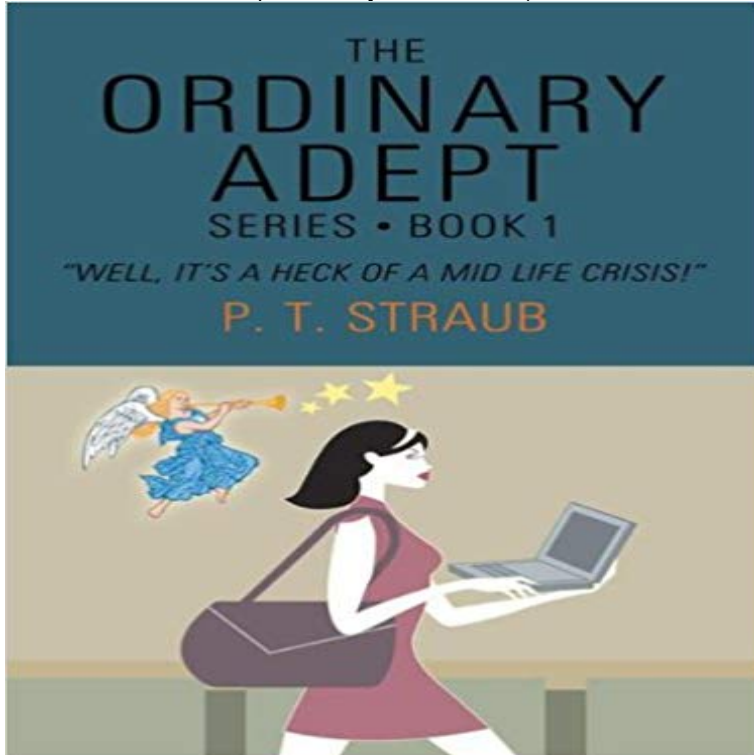


The Ordinary Adept: Well, Its a Heck of a Mid Life Crisis!



Well, its Heck of a Mid-Life Crisis! Tess, an ordinary woman who has a number of life challenges and mystical experiences, dares to ask herself Why are all of these things happening to me?, and finds extraordinary answers as she uncovers the spiritual side of herself and life! People influenced by the writings of Raymond Moody, Brian Weiss, Edgar Cayce, and others including Hindus and Buddhists, know that reincarnation is a method by which our soul and consciousness evolves. The author Phyllis Straub has harnessed this model of life to provide a fictional series of books The Ordinary Adept, to answer the question: How can we personalize this concept of soul evolution and make it real for ourselves? In the first book Well, its a Heck of a Mid Life Crisis! the author relays the experiences of Tess, an ordinary woman that awakens to find that her true nature is that of a spiritual warrior who has incarnated on earth many times, and that she has come here with a divine purpose! By reading this first in a series of books provided by the author, a door opens for those ready to awaken and put the pieces of their own soul story together, to bring deeper meaning to lifes experiences! How refreshing to have our changing reality and awareness of that reality brought to us in such a delightful and grounded language through the adventures of loveable and ordinary Tess! You can just feel her Sherlock Holmes curiosity, shock, wonder, and dogged determination to get to the bottom of things; while retaining her everyday wholesomeness and authentic innocence. It took more courage than perhaps we can imagine for her to brave this adventure! Taylor Jane Green, BA, RIHR, LC, CH. Registered Spiritual Psychotherapist, Certified Life Coach, Certified Hypnotist. The Journey of self-discovery, of finding out who you truly are takes courage and tenacity. It is nevertheless, an exciting

journey often complex and slower than we would like. In her book, *The Ordinary Adept Well, its a Heck of a Mid Life Crisis!* Phyllis Straub has taken this complex, courageous journey and turned it into an interesting easy read. We follow along as discoveries are made and celebrated. A book worth buying for yourself and for friends contemplating the journey! Dr. Georgina Cannon, Founder of OHC School and Clinic, Award Winning Teacher, Author, Speaker, International Facilitator. Phyllis Straub transformed her career after spending twenty-seven years in the biotech industry, and has expanded her expertise into the metaphysical and holistic fields. She has had training in Reiki healing techniques and esoteric energy modalities. Phyllis currently provides energetic empowerment services and helps people awaken by writing blogs and novels, and by sharing energy awareness. Find her at www.cosmicco-creations.com.

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